



Sports / Extra **Curricular Policy**

Sheikh Zayed Medical College

Rahim Yar Khan

OFFICE OF THE PRINCIPAL / HEAD OF INSTITUTIONS



SHEIKH ZAYED MEDICAL COLLEGE, SHEIKH ZAYED HOSPITAL,
H.H. SH. KHALIFA INSTITUTE OF ALLIED HEALTH SCIENCES & HEALTH CARE CENTER,
COLLEGE OF NURSING SHEIKH ZAYED MEDICAL COLLEGE RAHIM YAR KHAN
PILOT PROGRAM FOR HUB & SPOKE MODEL AT ZAHIR PIR, RAHIM YAR KHAN,
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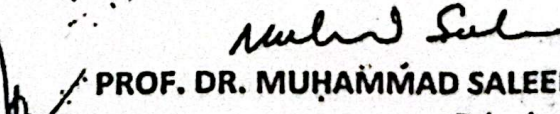
Io. 8816-23/ADMN/SZMC

Dated 01-03/2025

OFFICE ORDER

18th Annual Sports & Athletics Week SZMC, 2025 is going to be celebrated in April. A committee consisting of the following officers is hereby constituted to launch a comprehensive program and finalize all preparations well in advance:

1. Prof. Dr. Muhammad Saleem
Principal/ Patron in Chief
2. Dr. Moazzam Ali Atif
Sports President
3. Dr. Muhammad Shahbaz
Sports Coordinator (Boys)
4. Dr. Noreen Naseem
Sports Coordinator (Girls)
5. Dr. Khurram Munir
Member
6. Mr. Muhammad Irfan
Director Physical Education


PROF. DR. MUHAMMAD SALEEM
Principal,
Sheikh Zayed Medical College/Hospital,
Rahim Yar Khan

A copy is forwarded for information to:

1. Principal office, SZMC
2. Officers concerned
3. Master File of the Sports Dept.



SPORTS NOTICE

Following student's sports cabinet is constituted to organize, supervise & coordinate Sports week 2025. This cabinet should submit the list of student committees from all classes with consultation of respective classes & their CRs & GRs unanimously.

1. Shehzad Ali Final year Sports Secretary (Boys)
2. Ans Ali Amjad Forth year Athletic Secretary for (Boys)
3. Haris Ansar Final year Chief Organizer (Boys)
4. Sana Liaquat Final year Sport Secretary (Girls)
5. Qurat UI Ain Ashraf Forth year Athletic Secretary (Girls)
6. Hamna Khan Final year Chief Organizer (Girls)

All lists should be submitted to Mr Abid (Pharmacology dept) within a week.

DR. MOAZZAM ALI ATIF
Sports President,
Sheikh Zayed Medical College,
Rahim Yar Khan

CC:

1. Worthy Principal, SZMC/Hospital, Rahim Yar Khan.
2. College & Hostel Notice Boards.
3. Master File of the College Sports Dept.

OFFICE OF THE PRINCIPAL
/ HEAD OF INSTITUTIONS

SHEIKH ZAYED MEDICAL COLLEGE, SHEIKH ZAYED HOSPITAL,
JEDDAH, SAUDI ARABIA
KHALIFA INSTITUTE OF ALLIED HEALTH SCIENCES & HEALTH CARE CENTER,
COLLEGE OF NURSING SHEIKH ZAYED MEDICAL COLLEGE RAHIM YAR KHAN,
PILOT PROGRAM FOR HUB & SPOKE MODEL AT ZAHIR PIIC, RAHIM YAR KHAN.
Tel: +966 11 9231161, (068) 9231164
E-mail: szmc.admin@gmail.com, www.szmc.edu.pk

8824-36 / ADMN / SZMC

Dated 01-03/2022

OFFICE ORDER

A committee consisting of following faculty members is hereby constituted to
organize comprehensive program of Girls Sports & Athletics Week, 2022.


1. Dr. Shazia Majid Khan Supervisor
2. Dr. Noreen Naseem Girls Sports Coordinator

Girls Athletics Committee:

1. Dr. Shama Iqbal Associate Professor of Physiology Department
2. Dr. Asia Hussain APWMO of Biochemistry Department
3. Dr. Noreen Kausar Assistant Professor of Surgery Department
4. Dr. Shanza Shahbaz Head of Oncology Department
5. Dr. Aqsa Farhan Senior Demonstrator of Physiology Department

Indoor Games Committee:

1. Dr. Roshia / Dr. Sadia Akhtar
2. Dr. Umme Aiman
3. Dr. Saman / Dr. Fouzia
4. Dr. Sara / Dr. Sadia Idrees
5. Dr. Saira Bano / Dr. Shazia Anwar


PROF. DR. MUHAMMAD SALEEM
Principal
Sheikh Zayed Medical College,
Rahim Yar Khan

A copy is forwarded for information to:

1. Principal office, SZMC
2. All staff concerned
3. Head of the Sports Dept

Committees

Arrangement Committee

Prof. Dr. Muhammad Bilal Ghafoor

Dr. Khurram Munir

- Shahzaib Akhtar • Mariya (Final Year)
- Nourman Shoukat • Summayah Parveen (Fourth Year)
- Manahil Ashraf • Natasha Majeed (Third Year)
- Fazeel Shabbir • Natasha Nadeem (Second Year)
- Huzaila Ishfaq • Laiba (First Year)

Reception Committee

Prof. Dr. Sh. Khurram Salam Sehgal

Dr. Rafay-ur-Rehman Cheema

- Safwan Ali • Sheema Anjum (Final Year)
- Abubakar Asim • Azka Fida (Fourth Year)
- Aanab Talish • Hanla Raza (Third Year)
- Moath Maher • Anum Fatima (Second Year)
- Parwaz Hussain • Zoya Ashiq (First Year)

Decoration Committee

Dr. Ummara Munir

Dr. Nabeela Rauf

Dr. Nosheen Sarwar

- Javeria Batool • Wida Sohaib (Final Year)
- M. Hamza • Aleeza Saleem (Fourth Year)
- Ahmad Hassan • Eiza Fatima (Third Year)
- -- • nichal Iqbal (Second Year)

Souvenir Committee

Dr. Khalid Mukhtar Dr. Zeeshan Aziz

- Noor ul Ameen • Ushna Riaz (Final Year)
- Abullah Aamir • Aqsa Mushtaq (Fourth Year)
- Fahad Tariq • Ayman Fatima (Third Year)
- Saim Amjad • Fatima Ayyaz (Second Year)
- Ali Ahsan • Zahra Khalid (First Year)

Refreshment Committee

Dr. Roshan Ali Dr. Asif Hussain

Dr. Rashid Ali

- Naveed Asghar • Tehreem Iqbal (Final Year)
- Zain Ayoub • Maria Akhtar (Fourth Year)
- Rao Noman Mushtaq • Tayyaba Zia (Third Year)
- M. Salman • Eishal Ferdous (Second Year)
- M. Awais • Samrah Aslam (First Year)

Media Committee

Prof. Dr. Ali Burhan Mustafa

Dr. Muhammad Ilyas (DMS)

- M. Tayyab • Iqra Fatima (Final Year)
- Muhammad Massab • Sadia Malik (Fourth Year)
- Atteq ur Rehman • Muneza Aman (Third Year)
- Maaz Ahmad • Rameen Riaz (Second Year)
- Ali Asjal Rahim • Aysha Zahid (First Year)

Disciplinary Committee

Prof. Dr. Zafar Majeed

Dr. Haroon Aziz Wahla

- Shehzad Ali • Aqsa Tariq (Final Year)
- Ali Sher • Laiba Khalil (Fourth Year)
- Sheraz Hussain • Shafaq Qudus (Third Year)
- Mobeen Bin Talat • Maryam Zafar (Second Year)
- Anas Bin Malik • Aaila Zahra (First Year)

Organization

PRESIDENT

- Shoaib Altaf (Final Year)

VICE PRESIDENT

- Mujassim Iftikhar (Final Year)
- Hamna Khan (Final Year)

GENERAL SECRETARY

- Muhammad Abdullah (Final Year)
- Adan Iqbal (Final Year)

JOINT SECRETARY

- Muhammad Hassan (Final Year)
- Kashaf Dua (Final Year)

PRESS SECRETARY

- Rizwan Rasool (Final Year)
- Uzma Asghar (Final Year)

CLASS COORDINATORS

- Rana Hamza Tayyab • Aqsa Anwar (Final Year)
- Khuzaima Nasim • Maryam Rubab (Fourth Year)
- Shayyan Gul • Fatima Ali (Third Year)
- Arbaz Hassan • Bakhtawar Malik (Second Year)
- Ahmar Daniyal • Tahreem Shabbir (First Year)

Qirat & Naat Competition

17 November 2025 Time 6:00 P.M

COORDINATORS

Dr. Hafiz Muhammad Rizwan

Dr. Hafiza Shafia Naz

سورة الرحمن (آيت نمبر 24 تا 32)

- M. Sanwal • Ayesha Noor Ejaz (Final Year)
- M. Arslan ur Rasheed • Namra Ali (Fourth Year)
- M. Badar Farooq • Faryal Azhar (Third Year)
- Adeel Altaf • Sabeera Waheed (Second Year)
- Abdullah • Khadija Fatima (First Year)

GIRLS ATHLETICS DAY EVENTS

Dated: 18/04/2025

GIRLS SPORTS ATHLETICS COMMITTEE

1. Prof. Dr. Shazia Majid Khan (Supervisor)
2. Dr. Noreen Nasim (Coordinator)

GIRLS ATHLETICS COMMITTEE

1. Dr. Shama Iqbal
2. Dr. Shanza Shahbaz
3. Dr. Noreen Kausar
4. Dr. Asia Hussain
5. Dr. Aqsa Farhan

INDOOR GAMES COMMITTEE

1. Dr. Reema / Dr. Sadia Akhtar
2. Dr. Umme Aiman
3. Dr. Sara / Dr. Sadia Idrees
4. Dr. Saira Bano / Dr. Shazia Anwar

- * 50M Race
- * 4 x200 M Relay race
- * Mixed Relay race
- * Sac Race
- * Chattl Race
- * Shot Putt
- * Three Legged Race
- * Tug of War
- * Spoon Race
- * ... Thrw

SPORTS WEEK PROGRAMME

- 11-04-25 Opening ceremony of Sports week
- 16-04-25 Cricket Match Final
- 15-04-25 Faculty cricket Match Clinical VS Basic Side
- 17-04-25 Football Final
- 18-04-25 Funfair
- 18-04-25 18th Annual Boys Athletics
- 19-04-25 12th Annual Girls Athletic
- 20-04-25 Themes Presentations & Prize Distribution

BOYS ATHLETICS DAY EVENTS

Dated: 19/04/2025

- * 100 M. Race
- * 200 M. Race
- * 400 M. Race
- * Relay Race 4x200 M
- * Shot Putt
- * Discus Throw
- * Javelin Throw
- * Three legged Race
- * Tug of War
- * Mixed Relay Race
- * Sac Race
- * Young Doctors Race
- * College/hospital staff race
- * SRs to Associate Professors Race
- * ... & Professors Race

SHEIKH ZAYED MEDICAL COLLEGE RAHIM YAR KHAN

18th ANNUAL SPORTS & ATHLETICS CHAMPIONSHIP 2025 (17th April to 20th April, 2025)

PATRON IN CHIEF

Prof. Dr. Muhammad Saleem (Principal)

SPORTS PRESIDENT

Dr. Moazzam Ali Actif

SPORTS COORDINATOR

Dr. Muhammad Shahbaz Hussain (Boys)
Dr. Noreen Nasim (Girls)

DIRECTOR PHYSICAL EDUCATION

Mr. Muhammad Irfan

SPORTS SECRETARY

Shehzad Ali (Final Year)
Sana Liaquat (Final Year)

ATHLETIC SECRETARY

Ans Ali Amjad (Fourth Year)
Qurat Ul Ain Ashraf (Fourth Year)

CHIEF ORGANIZERS

Haris Ansar (Final Year)
Hamna Khan (Final Year)

ORGANIZERS GAMES

Muhammad Shoaib	Eesha Mumtaz	(Final Year)
Hamza Umar	Maria Akhtar	(4 th Year)
M. Badar Farooq	Nimra Kiyani	(3 rd Year)
Saad Soomro	Momina Riaz	(2 nd Year)
Salm Raza	Syeda Tehreem	